

PENINSULA CANOE CLUB

BEGINNER PADDLING COURSE



1 Call Barry Penn 0834123910

2 Meet at the club for an introduction to paddling - either a canoe or surfski.

3 You will be given an opportunity to try out on our craft where we can do a very brief instruction and assessment.

4 Join the club for 3 months at R 300.00 which will give you unlimited access to the club and its facilities. Allow you free usage of designated equipment. Access our members and the various training options.

5 During this period one of our professional coaches will be available at R450.00 per hour to give you a lesson in the finer details of paddling. This will be a one on one lesson.

6 Keen to continue? Become a full member and enjoy the benefits of PCC.

During the trial period designated member will monitor your progress and assist with any problems.